

TIMELESS TRUTHS

GET ENLIGHTENED TODAY



With your dominant thoughts and dominant feelings you create
your reality



There is no such thing as a separate or independent individual or
being. Every individual or being arises out of the one
Universal field of Consciousness



The natural impulse of the Universal Energy Field is creative and its
natural movement is effortless or flow



When you align yourself with the natural impulse and movement of
the Universal Energy Field, you live and flow creatively and
effortlessly



When you do not align yourself with the natural impulse and movement of the Universal Energy Field, you live and struggle redundantly and effortfully



Darkness is the absence of light. Darkness does not exist as an independent entity in and of itself



Disease, Lack and Loss are functions of what is absent i.e. Wellness, Abundance and Wholeness



'Allowing' Wellness, Abundance and Wholeness is the effortless way by which we experience them



Sin, like darkness, has no existence in and of itself. It is merely the absence of Awareness. Sin is simply Ignorance



It is pointless fighting or trying to stop or eradicate what does not exist such as 'sin', 'poverty', 'disease' and 'war'. Each of these is the result of the absence of what is naturally and abundantly present in the Universal Energy Field, namely Awareness, Abundance, Wellness and Peace. ALLOWING what is naturally present enables us to effortlessly experience it



'Being in the Flow' means aligning with the natural creative impulse and movement of the Universal Energy Field



When you're in the flow, life is effortless.
When you're against the flow, life is effortful



You get in the flow with thoughts and feelings that feel good and that are dominant and persistent



You're against the flow with thoughts and feelings that don't feel good and that are dominant and persistent



Choosing thoughts and feelings that feel good and making them your dominant and persistent thoughts and feelings keeps you in the flow



You have no ultimate purpose other than to be



I AM is a purposeless and perpetual state of being



When you think, feel, speak and act in terms of 'I am...', you maintain a perpetual state of being in accordance with what you

declare eg 'I am hungry', 'I am an addict', 'I am poor', 'I am struggling', 'I am weak' etc



We are all consciously or unconsciously trying to return to our natural and purposeless state of being



The 'you' that you appear to be exists only in a conditioned, physical world, shaped by your thoughts, feelings, beliefs and perceptions



Everything, including thoughts, feelings, perceptions, words and actions have consequences i.e. they trigger reactions or responses



By far, thoughts and especially feelings have the most powerful and far-reaching consequences and are always the precursors or CAUSES of what is experienced in the physical, conditioned world whether in physical or non-physical form



What appears in the physical world as action and reaction has its origins in the non-physical world of thoughts and feelings



All healing – physical, emotional or mental – is the result of ALLOWING the natural impulse and movement of the Universal Energy Field instead of blocking or resisting it



Imagination is the most powerful way of using thought and feeling creatively i.e. creating what is desired in the material/physical world



Nothing you see exists as it appears

Image by [Pezibear](#)